Example week

Cleaning Planner

WEEK: ____/____

TASK	MON	TUE	WED	THU	FRI	SAT	SUN
Make beds (quick smooth + pillows)							
10-min reset (clutter + surfaces)							
Wipe kitchen counters and stove front							
Clean kitchen sink and faucet							
Load or unload the dishwasher							
Hand-wash dishes (2–5 min)							
Quick sweep in kitchen and entryway							
Fridge sweep (toss leftovers)							
Wipe dining table and chairs							
Bathroom sink wipe (counter + faucet)							
Toilet quick clean (bowl + seat)							
Hang towels and straighten the bathroom							
Mirror wipe (bathroom or entry)							
Laundry step (start/switch/fold)							
Hot spot tidy (one basket)							
Put shoes away (entry reset)							
Clear mail + papers (one spot)							
Books/magazines back on shelf							
Tidy couch + throw blankets							
Wipe door handles + light switches							
Empty dishwasher (or load it)							
Put away clean dishes (2 min)							
Quick toy pickup (10 items)							